



TEMPLE SPA

WARM UP THIS WINTER

WITH OUR ROCK OF THE MEDITERRANEAN FACE
AND BODY, HOT STONE MASSAGE



REMEMBER: YOUR BODY IS A LIVING TEMPLE, HONOUR IT,
ENJOY YOUR LIFE AND LIVE IT TO THE FULL.

This popular 'Thermal Stone' massage is a glorious treatment using warm basalt lava stones to massage the body, harnessing the touch of the stone and the influence of the best to create an aura of warmth. The muscles are relaxed and rejuvenated.

It is an experience you have to have, at least once in your life.

75 minutes of pure bliss

ONLY

£64.00

SAVING £16.00



TRENYTHON MANOR

January 2021
BOOKING ESSENTIAL

Please contact one of our highly qualified therapists on **01726 811822** to book your appointment

TERMS AND CONDITIONS There is a minimum of 24 hours notice for cancellation of a booking. All treatments of 1 hour or over include complementary use of our leisure facilities including spa pool, steam room and gymnasium. The Spa is open to male and female clients over the ages of 16. Offer valid from 1st January to 31st January 2021.