



TEMPLE SPA

INDULGE YOURSELF THIS DECEMBER WITH OUR

# FESTIVE SPA DAY



REMEMBER: YOUR BODY IS A LIVING TEMPLE, HONOUR IT,  
ENJOY YOUR LIFE AND LIVE IT TO THE FULL.

On arrival, you will receive a robe, towel and slippers,  
followed by coffee and a mince pie.

Enjoy full use of our leisure facilities and receive a **30-minute treatment** or **60-minute treatment** of your choice.

Choose from:  
**A 30-minute treatment**

**£65.00**

A Warming Hot Stone Back  
Massage to melt away tension  
A Power Breakfast Facial  
Aaahhh Leg and foot energiser

Choose from:  
**A 60-minute treatment**

**£85.00**

Hot Stone Full Body Massage  
My Kinda Skin Facial  
Express Manicure and  
an Express Pedicure

**All followed by a Festive Spa Lunch with a Christmas cracker and glass of wine**  
Available for groups of two or more (Maximum 6 people)



TRENYTHON MANOR

**December 2020**  
BOOKING ESSENTIAL

Please contact one of our highly qualified therapists on **01726 814797** to book your appointment