



TEMPLE SPA

# WRAP UP THIS WINTER WITH OUR GLORIOUS MUD WRAP



REMEMBER: YOUR BODY IS A LIVING TEMPLE, HONOUR IT,  
ENJOY YOUR LIFE AND LIVE IT TO THE FULL.

This treatment starts with top-to-toe body brushing to encourage lymphatic flow. The body is then smoothed with warm mineral rich mud, which helps to nourish and purify the skin. Once cocooned in a cosy wrap, the relaxation process moves to another level with a glorious face and scalp massage. You wouldn't believe wallowing in mud could feel so good.

**1 hour of Pure Bliss**

ONLY

**£48.00**

SAVING 20%

Enjoy **10% off** our **Luxury Christmas Kit selection**  
when you book a **60 minute treatment**



TRENYTHON MANOR

**November 2020**

BOOKING ESSENTIAL

Please contact one of our highly qualified therapists on **01726 814797** to book your appointment