



TRENYTHON MANOR



This oh-so good treatment is an instant relief for tired overworked limbs. It begins with skin brushing to help eliminate excess fluids, followed by our Mediterranean warm oil massage and scrub and finally an application of our **Aaahhh Leg and Foot Energiser** to refresh your feet and legs. This is followed by an **Express Pedicure** to tidy up your nails and cuticles, all finished off with an application of colour.

Remember: Your body is a living temple, honour it, enjoy your life and live it to the full.



TEMPLESPA



Please contact one of our highly qualified therapists
on **01726 814 797** to book your appointment.

TERMS AND CONDITIONS

Cancellations require a minimum of 24 hours' notice. All treatments of 1 hour or over include complementary use of our leisure facilities, combining spa pool, steam room and gymnasium. The Spa is open to male and female clients over the ages of 16. Offer valid from 1st April to 30th April 2019